

21 HELP WANTED

Dental Receptionist - Someone to work Saturdays only. Manchester office. Please send resume to Box 7, c/o Manchester Herald.

31 HOMES FOR SALE

By Owner - 3 year old, 1,850 sq. ft., 7 room, 2 1/2 baths. Raised Ranch. One acre lot near East Hartford/Glastonbury line.

BUSINESS & SERVICE DIRECTORY

61 SERVICES OFFERED - Good Quality Backhoe and Excavating Work. Backhoe, excavation and snow plowing. No problem. Call J. J. J. Construction Co., 456-8865.

KIT 'N' CARLYLE by Larry Wright

61 BUILDING/CONTRACTING - Carpentry and remodeling services - Complete home repairs and remodeling. Quality work. References, licensed and insured. Call 646-8165.

31 HOMES FOR SALE

Bookkeeper Assistant - Mornings. Must be familiar with accounting system. Apply in person only, 12:30 p.m. At Steffert's Appliances, 445 Hartford Road.

31 HOMES FOR SALE

Move Right In! One apartment in one of our most beautiful 4.4 duplex, spacious rooms, a fireplace in each room.

31 HOMES FOR SALE

Walk Back to School! - Only a quick hop to Manchester High and Junior High from these 2 condos. Both have 2 bedrooms, rec room, pool, etc.

31 HOMES FOR SALE

Entertaining Ideas - are what you get. In here you view this beautiful private home with bi-level deck leading to busy landscaped rear yard in South Glastonbury area of quality homes.

41 ROOMS FOR RENT

Furnished With Kitchen privileges, clean and modern on busline. All utilities included. Call 647-7813.

62 HOUSEHOLD GOODS

Queen sized bed, 4 years old, \$200 or best offer. Call 647-7813.

63 PETS

1983 Jeep CJ7 - Excellent condition. 28,000 miles. Many extras. Call 649-7473.

31 HOMES FOR SALE

Manchester - 370's. Just Listed this absolutely adorable 4 room Ranch with a finished basement, good size living room with fireplace & lovely wood floors.

31 HOMES FOR SALE

Super Deep Lot With This Vinyl Siding, six room Cape. Three bedrooms, one and a half baths, full kitchen, central air conditioning, and the back is enclosed with Chain-link fencing.

37 REAL ESTATE WANTED

Private individual looking for 2 to 12 acres of land in the area of Bolton or South Windsor for their own home. Please call 872-7377 or 872-6311.

41 ROOMS FOR RENT

Duplex for Rent - 2 bedrooms, new bath, newer kitchen, garage, washer and dryer hook ups, working couple preferred. After 6pm, 649-7532.

44 STORE AND OFFICE SPACE

Office/South Windsor - Sullivan Ave. 2 large rooms, air conditioning, ample parking, \$250 a month. 236-0271 or 644-2977.

62 HOUSEHOLD GOODS

Used Refrigerators, Washers, Ranges - clean, guaranteed, parts and service. Low prices. B.D. Pearl & Son, 649 Main Street, 643-2171.

MANCHESTER

MACC, hospital get mental health grants ... page 4

FOCUS

When it's lunchtime, mother knows best ... page 17

SPORTS

EC football again senior dominated ... page 11

WEATHER

Clear, cool tonight; staying cool Thursday ... page 2

Manchester Herald

Manchester, Conn. - A City of Village Charm Wednesday, Sept. 11, 1985 - Single copy: 25¢

Love Lane bidder can't meet price

A Windsor firm selected by the town to build starter houses on the lowest bid along Love Lane cannot build them for the price it quoted in its proposal and the project may have to be rebid, Town Attorney Kevin M. O'Brien said today.



Early-rising Manchester residents got an eyeful this morning as Northeast Utilities workers moved a 255-ton transformer from a rail siding on Electric Street to NU's substation on West Center Street.

Girls won't let field hockey die

With little fanfare, it was announced last week that Manchester High School's field hockey program was being dropped because no qualified coach could be found.

We'll pay, Bennet head tells board

Thomas Moore, town finance officer, described as an ideal coach by MHS Athletic Director Michael Simmons, encouraged returning players to start a field hockey camp during the summer.

LEGAL NOTICE

In accordance with the provisions of Section 128, Title 22, U.S. Code as prescribed in the Federal Highway Program Manual, Volume 7, Chapter 2, Section 107.10, dated December 30, 1974 from the Federal Highway Administration, the Connecticut Department of Transportation has requested the Division Administrator of the Federal Highway Administration to certify and design approval for the proposed project.

INVITATION TO BID

The proposal is being invited to bid for the construction of a new 100-unit apartment building located at the intersection of Main Street and the proposed extension of the street.

UNITED STATES DEPARTMENT OF JUSTICE

Notice is hereby given that on July 31, 1985, of Greenwich, Connecticut, one 1970 Ford, Custom, Pick-up, Green, VIN: 1G112344...

NOTICE OF PUBLIC HEARING

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Gunmen kidnap Duarte's daughter

By Douglas Foroh
United Press International



INEZ DE NAVAS
... seized from jeep

SAN SALVADOR, El Salvador — Soldiers of the army of Jose Napoleon Duarte awaited word today on the fate of his daughter, kidnapped by gunmen who killed two of her bodyguards and dragged her by the hair from her jeep. Soldiers conducted an intense search for the woman.

Salvador's communications minister, said in an interview with CBS Morning News that there had been no contact with the kidnapers. "We don't know what the kidnapers want. We don't know anything, but we know the president very well and we know that he will stand very firmly in favor of peace and democracy in this country."

Witnesses said the kidnapping was carried out by two heavily armed men. One guard was killed instantly. Another, severely wounded, dragged himself down a small embankment, leaving a trail of blood. He died a short time later in a military hospital.

Report: she controllers

WASHINGTON (UPI) — The nation's air traffic controllers, suffering from fatigue, stress, overwork and inexperience, are making the skies less safe for travelers, a congressional report says.

The report suggests cutting air traffic control work force, and its experience level, has been matched with the "normal" capabilities of the controller work force.

Town seeks OK to expand landfill

By Kathy Gormus
Assistant City Editor

The town plans to apply to the state for permission to make its landfill 40 feet higher — an action that engineers estimate would add another eight years to the life of the landfill, town General Manager Robert B. Weiss told the Board of Directors Tuesday night.

Without the expansion, the landfill has a life expectancy of 26 years, Public Works Director George A. Kandra said in a memorandum to Weiss that was presented to the directors at their meeting in Lincoln Center.

dumped at Manchester's landfill each year, Kandra said in his report. Weiss said the figures have "reinforced our feeling that we are heading in the right direction."

Radac Research Corp. of Brooklyn, N.Y., was the only licensed waste hauler to bid for the job, which is estimated to cost \$15,000.

'Thing from Pittsfield' comes to Manchester

It rumbled through the streets of Manchester at dawn today, so huge that it blocked off the early morning sun and stopped passersby in their tracks.

Cheney bid opening Friday

Bids will be opened Friday for the first phase of public improvements in the Cheney historic district, Planning Director Mark Pellegrini told the Board of Directors Tuesday night.

EAST WEST IMPORTS

643-5692
111 1/2 Center Street, Manchester
Tuesday-Saturday 10-5:30, Thurs. 'til 9 pm

Choose from:
• Short Sleeve India tops
• India Skirts
• Gauze and Muslin India men's shirts

Embroidered and printed dresses
Cotton Pants

2 for 1 plus a dollar CASH SALE

Sale starts Wed., Sept. 4 at 10:00 a.m.

plus: 20% OFF everything else in the store

All sales are final. Slight charge for alterations. Higher price prevails.

Unique Fashions and Gifts

Peopletalk

"Vice" crowd

"Miami Vice" stars Don Johnson and Philip Michael Thomas had a raucous night with fans in Chicago, but they were running with a more sedate crowd at a White House dinner Tuesday night.



UPI photo

Space-teacher sub

Education Secretary William Bennett, America's teacher-in-transit, is bringing his road show to New Hampshire to substitute for NASA's teacher-in-space.

Comedians Bob Hope and Milton Berle (in drag) do a soft shoe number during the taping of the "Bob Hope Buys NBC Comedy Special" Sunday.

Just his type

Comedians Bob Hope and Milton Berle (in drag) do a soft shoe number during the taping of the "Bob Hope Buys NBC Comedy Special" Sunday.

Rappaport comedy

The off-Broadway hit comedy "I'm Not Rappaport" will play to a full house of Rappaports Thursday night.

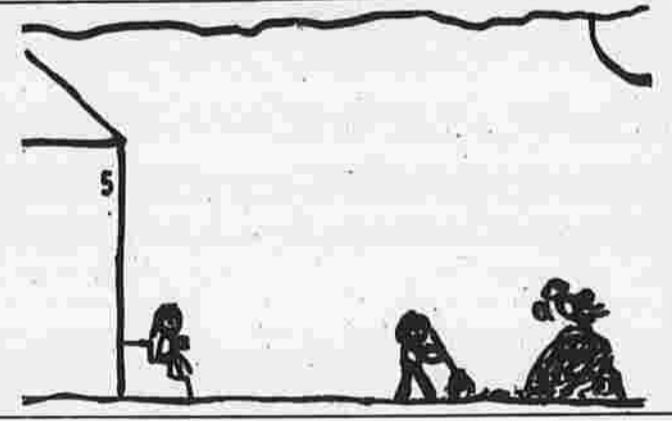
Glimpses

Jake Butcher, the one-time Tennessee banking mogul who admitted embezzling \$17 million, is now making no more than 11 cents an hour in his job at a federal prison camp in Atlanta.

Weather

Today's forecast

Connecticut, Massachusetts and Rhode Island: Today: becoming partly sunny in the afternoon. Highs in the 50s and 60s. Tonight: mostly clear and much cooler.



Pumpkins under the frost

Today: becoming partly sunny this afternoon. Cool with a high near 65. Wind north 10 to 20 mph. Tonight: mostly clear and much cooler.

Extended outlook

Extended outlook for New England Friday through Sunday: Connecticut, Massachusetts and Rhode Island: Cool through the period.

Across the nation

Showers and a few thunderstorms will be over the southern Pacific Coast, the Plateau region and the Rockies. Scattered showers and thunderstorms will continue over the central and southern Plains, the Southeast and Florida.

Satellite view

Commerce Department satellite photo taken at 4:00 a.m. EDT shows broken cloudiness along a cold front from the Middle Atlantic states westward to Arkansas.



National forecast

During early Thursday morning scattered showers are possible throughout the Intermountain Region, the Central and Southern Plains, the Gulf Coast Region and parts of the South Atlantic Coast.

Manchester Herald

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Today in history

Last picture of President Salvador Allende of Chile before he committed suicide during an armed forces coup in 1973. Allende waves from upper window of presidential palace early in coup.

Almanac

Today is Wednesday, Sept. 11, the 254th day of 1985 with 111 to follow.
The moon is moving toward its new phase.
The morning stars are Mercury, Venus and Mars.
The evening stars are Jupiter and Saturn.

Lottery

Connecticut daily Tuesday: 208
Play Four: 3925
Other numbers drawn Tuesday in New England:
Tri-State: 190, 2458
Rhode Island daily: 3431
"Lot-O-Bucks": 12-12-72-29
Massachusetts daily: 377

Manchester In Brief

Park to get more parking
A plan to increase the amount of parking at Charter Oak Park was approved by the Board of Directors Tuesday night after Director Stephen T. Cassano said conflicting views about where the parking should be had been reconciled.

Course concerns day care
Issues concerning day care for children will be addressed in a four-part course offered at Manchester Community College starting Saturday.

Enrollment drops by 104
On Monday, 7,078 students were enrolled in the Manchester public schools — 104 fewer than were enrolled at the same time last year.

Irrigation contract awarded
A \$17,710 contract for an irrigation system at the soccer fields on Kennedy Road has been awarded by the town to Classic Landscape Design Co. of Springfield, Mass.

Diabetes group to meet
"The Latest in Diabetes Research" will be the topic of the first fall meeting of the East-of-the-River Diabetes Club on Sept. 17 at 7:30 p.m. in Manchester Memorial Hospital's conference rooms.

Diabetes group to meet (continued)
The guest speaker will be David S. Wilcox, a senior attending physician at Hartford Hospital who has been in private practice since 1962.

Westown Pharmacy
445 HARTFORD ROAD 643-5230
OPEN 7 DAYS A WEEK 8 am - 9 pm

EXTRA-STRENGTH TYLENOL
Tablets - 60's
Reg. \$4.29
SALE \$3.29
SAVE \$1.00

Women IN BUSINESS
If you're a woman in business and would like to advertise in our special September 20th women's section, call the Manchester Herald advertising department. Reserve Now! Deadline is September 16, Call 643-2711.

Girls won't let field hockey die

Continued from page 1

so much trouble, not for myself or my parents, to worry about."
On the first day of school, Simmons and Ludes called a meeting of those interested in field hockey. Twenty girls turned out and were told there would be no team because there was no coach.



JILL LUKAS AND SUSAN ALLEN ... a team without a coach

"I contacted the CIAC (Connecticut Interscholastic Athletic Conference) and it has been in the paper since May," Simmons said.
"Was that impression given?" "Absolutely not," Simmons replied. "What I said to them was that one of the things I didn't receive at all the beginning of the pre-season was a call to the main office or my office to see if the program was going to start or when it would start."

hasn't been easy in the last four years. Janice Dahl led the team in 1982 and left for a full-time job. Lisa Maccarone took over in 1983, and she also left for full-time employment. Neubelt, who coached in 1984, resigned to enter a graduate program at Central Connecticut State University.
The players, at this point, would take anyone to coach to keep field hockey alive. "We can learn along with them," Lukas said.
But the girls acknowledge that there's no hope for 1985. "I think our hope of playing this year is gone. We just want people to coach. We still want to play," Allen said.

Hospital, MACC get mental health grants

Manchester Memorial Hospital and the Manchester Area Conference of Churches have received a total of three grants from the state Department of Mental Health to provide outreach services to mentally ill people.
The area advisory board of the North Central Regional Mental Health Board learned the grants had been approved Tuesday afternoon from Patricia Dean, executive director of the regional board.

program and \$71,867 for Project Genesis.
The funds for New Start will provide for three additional beds and a half-time counselor for the program, which runs four supervised apartments in Manchester for 10 chronically mentally ill people — most of whom have recently been released from state hospitals, according to Elaine Stancliffe, director of New Start.

Spacecraft finds comet's tail thicker than expected

By Al Ressler
United Press International

GREENBELT, Md. — An American spacecraft 44 million miles from Earth intercepted a comet for the first time today and raced for the first indication that the tail had been encountered and received at 6:57 a.m. when an instrument reported detecting electrically charged gases from the comet.
Traveling at 46,000 mph, the 5-foot-tall robot craft sliced into the glowing tail of Comet Giacobini-Zinner at 6:53 a.m. EDT and emerged unscathed 18 minutes later, climbing a billion-mile, seven-year voyage from Florida.

concern.
"I'm very pleased that we're still alive," said flight director Robert Farquhar.
The first indication that the probe was nearing the tail came at 6:56 a.m. EDT when instruments aboard the spacecraft detected a strong magnetic field. That in itself was a major discovery.
The comet's tail is about 1 million miles long but NASA estimated the spacecraft penetrated it about 5,000 miles from the comet's frozen nucleus.

Senate faces sanctions showdown

WASHINGTON (UPI) — The Senate again is challenging President Reagan's fresh policy of opposing apartheid in South Africa with economic sanctions in a critical test of his political and foreign policy leadership.
The choice before the Senate today is whether to accept Reagan's mild penalties on Pretoria as enough for now or to pass a bill with much tougher sanctions, which the president is sure to veto.

import of gold South African kruggerand coins.
Meanwhile, in Johannesburg, South Africa, police today investigated the death of a 4-year-old black girl who died after being shot with a rubber bullet commonly used by South African security forces.
Under escalating pressure for reforms in the country's system of racial discrimination, President Pieter Both said he was willing to discuss restoring citizenship to blacks who lost their rights as South Africans when so-called tribal homelands became separate states, technically independent of Pretoria.

Grand jury indicts GTE executives

WASHINGTON (UPI) — A federal grand jury has indicted three GTE Corp. officials for conspiring to obtain and use secret Pentagon documents to get government contracts, the Justice Department announced.
Attorney General Edwin Meese said the Justice Department also charged the defense arm of the company, GTE Government Systems Corp., in a separate action with an additional count of conspiracy.

those officials used the inside information to help the company obtain government contracts, the indictment said.
The indictment charges the officials with "conspiring to convert the documents for its own use and to defraud the United States" by subverting the defense procurement process.

Be Sure To Stop At Our Booth At FEAST FEST '85
FRESH BLOCK ISLAND SWORDFISH \$5.99 lb.
SEA FOOD
FISH MARKET & RESTAURANT

Levi's Kids and Young Men at D&L
DOUBLE KNEE TWILL JEANS 10.97
CORDUROY JEANS 11.97-12.97
DENIM JEANS 12.97-17.97
CORDUROY JEANS 14.97-16.97

Levi's Kids and Young Men at D&L
CORDUROY JEANS 18.97
DENIM JEANS 18.97
DENIM JACKET 26.90
ELASTIC BACK BAGGY CORDS 11.90

SEPT 11

Children's Departments, all D&L locations except New London

Classified 64-2711

Notices, Real Estate, Financial, Employment & Education, Rates, Deadlines, Read Your Ad

21 HELP WANTED, IMMEDIATE OPENING, Secretary/Dispatcher, Janitors, SCHOOL BUS DRIVERS, Service Station Mechanics, Bolton Board Clerk, Delivery Person Wanted

21 HELP WANTED, 21 HELP WANTED, 21 HELP WANTED, 21 HELP WANTED, 21 HELP WANTED, 21 HELP WANTED, G. FOX EMPLOYMENT OPPORTUNITIES

NEWSHIP CARRIERS NEEDED IN MANCHESTER AREA, Baldwin Rd., Birch St., Spruce St., Parkside Apts., Ferguson Road, Concord St., Gardner St., Highland St., Marlboro St., Sunny Brook St., Dartmouth St., So. Farm Rd., Hackmatack St.

21 HELP WANTED, 21 HELP WANTED, 21 HELP WANTED, 21 HELP WANTED, 21 HELP WANTED, 21 HELP WANTED, RN-FACILITY SUPERVISORS

21 HELP WANTED, 21 HELP WANTED, 21 HELP WANTED, 21 HELP WANTED, 21 HELP WANTED, 21 HELP WANTED, Machine Operators, Sewing Machine Operators, H&H BASTERS

Work in Manchester! Typing-Pasteup, We have an opening for a person with accurate typing skills to operate a Harris terminal and to do pastepup work in the composing room of our daily newspaper.

ManchesteR Herald, For an appointment Please call Sheldon Cohen Monday-Friday, between 1:30 and 3 p.m. at 643-2711, Ext. 16

PICTURE THIS \$ EXTRA MONEY \$ With Your Own Part-Time Job. An excellent opportunity for Housewives and young children with you and babysitting Mothers with young children bring them save on costs.

PRODUCTION WORKERS, Sewers, Packers, General Labor, Machine Operators, Jobs open in all departments. Full and part time. No experience necessary.

22 Hours Per Week Salary Plus Gas Allowance SOUND INTERESTING? You can be a Herald Area Adviser and handle and supervise our carrier boys & girls. If you like kids - want a little independence and your own income... CALL 647-9946 or 647-9947

31 HOMES FOR SALE, Immaculate 3 bedroom Colonial, many custom features, punie pool and spa with parklike landscaping. Assumable 7% percent financing and desirable South Manchester location.

BUSINESS & SERVICE DIRECTORY, 61 SERVICES OFFERED, Good Quality Backhoe and Excavation Work, Backhoe, excavation and snow plowing. No problem. Call Independent Construction Co., 456-8865.

31 HOMES FOR SALE, Move Right In! One apartment is vacant. Fantastic 6+ duplex, spacious rooms. Located in each apartment, new baths, new roof, new gas furnace. Offered at \$122,500. Jackson & Jackson Real Estate, 647-8400 or 646-8646.

61 SERVICES OFFERED, Odd Jobs, Trucking, Home Repairs. You name it, we do it. Free estimates. Insured. 643-0304. Hawkies Tree Service - Buckle Truck & Chipper. Stump Removal. Free Estimates. Special consideration for Elderly and Handicapped. 647-7533.

31 HOMES FOR SALE, Immediate Occupancy - 3 Bedroom Ranch with full baths in East Hartford. Aluminum siding, fireplace in living room with bay window. Lovely new kitchen. Real Estate, 646-2482.

61 SERVICES OFFERED, Sewing Done - Dress making, alterations and sewing. Call 647-8730. Mother With One-year old son available to sit in. Homeowner's Real Estate, 646-4516 or 646-8646.

31 HOMES FOR SALE, All real estate advertised in the Manchester Herald is subject to the federal Equal Housing Opportunity Act of 1968, which makes it illegal to advertise any preference, limitation or discrimination based on race, color, religion, sex or national origin, or on intent to discriminate.

61 SERVICES OFFERED, Entertaining Ideas - are you what you eat. In here you view this beautiful private home with level-level leading to bushy lands. Copied rear yard in South Glastonbury area of quality homes. Total price \$144,500. Jackson-Showcase, 646-1316.

Real Estate, 31 HOMES FOR SALE, By Owner - 3 year old, 1,850 sq. ft., room, 2 1/2 baths. Full kitchen, large lot near East Hartford/Glastonbury line. Quiet cul-de-sac, 2 car garage, fireplace living room and appliances. Asking \$119,900. Call 646-5092.

61 SERVICES OFFERED, Furnished With Kitchen privileges, clean and modern, on busline. Call Mrs. Brody, A-F, 7am-10pm only. 648-4510.

Real Estate, 31 HOMES FOR SALE, 7 Rainbow Trail, Beautiful, 8 1/2 room Colonial, 4 bedrooms, 2 1/2 baths, custom shades and drapes, 2 car garage plus more!

61 SERVICES OFFERED, Manchester - Nice Female room, share kitchen/bath, \$55 weekly. Parking. Call Mrs. Brody, A-F, 7am-10pm only. 648-4510.

Real Estate, 31 HOMES FOR SALE, 98 Boulder Crest Lane, Unique, 10 room Raised Ranch with 4 bedrooms, 2 baths, 2 car garage plus many, many extras. Must be seen!

61 SERVICES OFFERED, "Owner Retires" - leaving nice family home in Northwood, 3 bedrooms, Florida room, 2 car garage, enclosed sunporch and landscaping. \$275,000. Century 21 Lindsey Real Estate, 647-8400 or 646-8646.

Real Estate, 31 HOMES FOR SALE, Department of Transportation, NOTICE TO CONTRACTORS: Sealed bids for the construction of the following projects will be received by the Commissioner of Transportation in Room 145 at:

61 SERVICES OFFERED, What makes Want Ads work? People like you who read and use the Want Ads every day. 643-7175.



CELEBRITY CIPHER, CELEBRITY CIPHER celebrities, past and present. Each letter in the cipher stands for another. Today's equal is you! BY CONNIE WEINER. AVK EJC BRXX JXX AVK CRPP BV GCVL JIVKB J TVEDRBA HUWV OVL DB BURJB JDWJXT JCP

71 CARS/TRUCKS FOR SALE, 1987 Chevy Malibu - 7 doors, 6 cylinder, good running condition. Needs some body work. Asking \$550. 646-3000 after 5pm.

71 CARS/TRUCKS FOR SALE, 1980 Chevrolet Citation - Standard Transmission, 2 door, white exterior, tan interior, excellent condition. New tires. Must sell. \$2,100. Call 649-7051.

72 MOTORCYCLES/BICYCLES, Camaro 77 - Rally Sport V-8 330 4 barrel, 4 speed. Munsie, power steering, power brakes, AM/FM 8-track, car stereo, many more. Runs good. Looks good. \$3,000. Must sell. Call for Resale. 429-4127.

76 MISCELLANEOUS AUTOMOTIVE, Involvement in Bid Sealed bids will be received in the Office of the Director of Public Works and Services, 175 Main Street, Manchester, N.H., on Monday, September 16, 1985, at 11:00 a.m. for the following:

76 MISCELLANEOUS AUTOMOTIVE, Involvement in Bid Sealed bids will be received in the Office of the Director of Public Works and Services, 175 Main Street, Manchester, N.H., on Monday, September 16, 1985, at 11:00 a.m. for the following:

76 MISCELLANEOUS AUTOMOTIVE, Involvement in Bid Sealed bids will be received in the Office of the Director of Public Works and Services, 175 Main Street, Manchester, N.H., on Monday, September 16, 1985, at 11:00 a.m. for the following:

REAL ESTATE OPPORTUNITIES

WE GUARANTEE OUR HOUSES! - 646-2482

REAL ESTATE THIS WEEK featuring:

"LOOKING FOR FOUR BEDROOMS?"

- STOP - You've found them, in this Charming and Modernized older Colonial.
LOOK - You will also find 2 1/2 baths, one-year-old heating system, newer roof, all on approximately one acre of property.
LISTEN - To the babbling brook from the wrap-around front porch.



ALL THIS, IN GLASTONBURY, FOR ONLY \$154,900.00

STRANO REAL ESTATE
156 E. CENTER ST., MANCHESTER, CT.
CALL TODAY - 647-SOLD

Advertisement paid by Manchester Herald.



IMMEDIATE OCCUPANCY
3 BR Ranch w/2 full baths in East Htd. Alum. siding, fireplace LR with Bay window. Lovely home that must be seen.



SPACIOUS COLONIAL
9 rms PLUS 2 garages & large barn with horse stalls in Bolton. 140' x 200' lot.



"WE GUARANTEE OUR HOUSES!"

Blanchard & Rossetto
646-2482

189 West Center St. corner of McKee St. Senior Citizens Discount



PILGRIM LAKE
Executive Cape with 1st floor family room and master bedroom suite. Over 2000 sq. ft., 2 1/2 baths, built by Swenson. \$149,900.



NEW CAPE - HEBRON
Gorgeous custom 7-room, 1 1/2 bath home built by Bahrmann. Family room, fireplace, cedar exterior. \$110,000.



Advertisement for Strano Real Estate featuring a house image and contact information: 156 E. Center St., Manchester, CT. Call today - 647-SOLD.

Advertisement for Lindsey Real Estate featuring a house image and contact information: 519 Center Street, Manchester, CT 06040. Call today - 649-4000.

South Windsor

New listing, too soon for a photo.

8 room Colonial, 4 bedrooms, first floor family room, 2 1/2 baths, 2 car garage, Porch, Nice Condition throughout. Call us to see through. \$142,000.

U&R REALTY CO.
643-2692
Robert D. Murdock, Realtor

Jackson & Jackson Real Estate

We Say It Twice
So You'll Remember Us! 647-8400



BRAND NEW LISTING!
Delightful 7 Rm. Colonial, 1 1/2 baths, 1 car garage. Nice yard with garden, and lots of hardwood flooring and natural oak woodwork. Offered in the \$60's.



WALK BACK TO SCHOOL!
Only a hop to Manchester High and tiling Junior High from these 2 condos. Both have 2 bedrooms, Rec. Room, appliances and separate basements. Both offered in the high 50's.



LEASE IT!
Or buy!!! 4,000 sq. ft. in excellent downtown location. Plenty of parking - possible subdivision. Owner anxious to negotiate with buyer or tenant. Ideal for workshop, office, storage, stores, etc.



MOVE RIGHT IN!
One apartment is vacant. Fantastic 6-4 duplex, spacious rooms, a fireplace in each apartment, new baths, new roof, 2 new gas furnaces. Offered at \$122,900.



TAKE THE PLUNGE!
Always thought of living on one floor? Nice 6 rooms, 2 fireplaces and beautiful new cherry kitchen, aluminum siding. Owner's anxious. Immediate Occupancy. Offered at \$84,500.

Joyce G. Epstein Real Estate
348 East Center St., Manchester
647-8895
WHERE THE INDIVIDUAL GETS ATTENTION



OPEN HOUSE SUNDAY, SEPT. 8, 1-4
171 CARRIAGE DRIVE, MANCHESTER
Something Special!
That's what this house is! Beautifully decorated—3 1/2 bedrooms, 1st floor mahogany paneled family room—rec room—fully landscaped. Call today! \$124,900



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FOCUS / Food

MOTHER KNOWS BEST: HEALTHY SANDWICHES

Mother knows best, as the saying goes. And that goes for the food you eat, too!

The title, "Mom," carries lots of responsibilities, from bandaging scraped knees, mending hurt feelings and driving the neighborhood car pool, to providing nutritious meals that appeal to all appetites. Not the least of these duties is the planning of healthy lunches—365 days a year, year in and year out.

Mothers of celebrities share these same responsibilities, including the lunchtime challenge. Moms of such famous people as Pat Boone, Scott Baio, Heidi Bohay and Bruce Weitz, took their roles as keepers of the daily lunch seriously. And just look at the result! The success of these stars might just prove the old adage, "You are what you eat." Or, better yet, you are what mom puts on the table!

Savvy moms know that lunch should provide a third of the day's nutrient quota. That means the midday meal should be as well as balanced as breakfast or dinner. Sandwiches, the mainstay of most lunches, are an easy way to combine several wholesome foods into one tasty, convenient package. The bread is good for you, especially mixed-grain bread, with its natural, whole grain goodness. Part of the cereal/bread food group, bread provides generous amounts of important

nutrients, including complex carbohydrates, B-vitamins, protein, iron, phosphorus and calcium, as well as dietary fiber.

Choose fillings and spreads from the other major food groups: fruits; vegetables; meat/poultry/fish/legumes/nuts; dairy products; and oils/fats/margarines. Sandwiches can be plain or fancy, dairy or hearty, toasted or not. It all depends on the creator's imagination. What's more, sandwiches can be put together quickly, either ahead of time or at the last minute. They require few utensils, involve very little mess and they are easily transportable.

The following tips will help make your sandwiches worthy of celebrity status:

Wrap sandwiches securely in plastic wrap, sandwich bags or waxed paper to keep them fresh and moist. If you pack sandwiches in plastic bags, be sure to gently press out all the air before closing the bag. When combining sandwich filling ingredients, consider looks as well as taste and texture. Chopped radishes or green pepper add a bright note to the filling. Or, alternate deep green romaine leaves with iceberg lettuce. Sandwiches made with mixed-grain bread freeze well. Here are some fillings and ingredients that can be frozen: Cooked beef, pork or other meats, chicken, ham or fish;

sliced or shredded cheese; peanut butter, nuts and applesauce. DO NOT freeze fresh fruits or vegetables. They become watery and lose their crispness when thawed.

Use fresh, clean and properly refrigerated and cooked foods. Meat, poultry and other protein foods that have been cooked, for example, should be cooked well done, quickly cooled and then refrigerated.

Cut sandwiches with a serrated or electric knife. For variety, cut sandwiches into different shapes (thin strips, triangles or rectangles), instead of just halves. The healthy sandwiches featured here are from the new recipe packet, "Behind Every Famous Person Is A Healthy Sandwich." These recipes are favorites of Margaret Boone (mother of Pat Boone), Rose Baio (mother of Scott Baio), Ariene Bohay (mother of Heidi Bohay) and Sybil Rubel (mother of Bruce Weitz) and were popular with their celebrity children.

To receive your packet of healthy recipes of celebrity mothers, along with sandwich-making tips and nutrition information, send your name, address and 50 cents for postage and handling to: Roman Meal Company, Dept. Star 1, P.O. Box 11126, Tacoma, Wash 98411-0126.

THROUGH THE GARDEN-HEALTH SANDWICH

(Illustrated)
Chock full of garden-fresh raw vegetables, layered with thinly sliced roast beef and packaged between slices of wholesome mixed-grain bread, this sandwich favorite of Margaret Boone makes a healthy—and satisfying—entree.

- 4 slices bread
4 teaspoons reduced-calorie mayonnaise
2 teaspoons Dijon-style mustard
Fresh spinach leaves
4 thin slices (4 ounces) cooked roast beef
4 to 8 thin slices sweet onion, optional
4 to 8 thin slices tomato
Alfalfa sprouts

Spread two slices of bread with mayonnaise, the other two with mustard. Layer spinach, roast beef, onion, tomato and sprouts on two bread slices. Close with remaining bread slices. Cut in half to serve. Makes 2 sandwiches.

Nutritional analysis table for Garden-Health Sandwich. Includes USDA, Per sandwich, and Percentage data for calories, protein, carbohydrate, fat, sodium, cholesterol, iron, phosphorus, zinc, and folic acid.

CREAMY NUT 'N' FRUIT SANDWICH

This sandwich of cream cheese, nuts and golden raisins, embellished with crisp apple slices, is from the recipe files of Rose Baio, mother of Scott Baio.

- 3 tablespoons cream cheese, softened
1 tablespoon chopped walnuts
1 tablespoon golden raisins
6 to 8 thin slices Red Delicious apple
1/2 teaspoon lemon juice
2 slices bread

Blend cream cheese, walnuts and raisins. Toss apple slices in lemon juice; drain. Spread cream cheese mixture on both bread slices. Layer apples atop one bread slice. Close with remaining bread slice. Makes 1 sandwich.

Nutritional analysis table for Creamy Nut 'n' Fruit Sandwich. Includes USDA, Per sandwich, and Percentage data for calories, protein, carbohydrate, fat, sodium, cholesterol, iron, and phosphorus.

TROPICAL CHICKEN SALAD SANDWICHES

Macadamia nuts and crushed pineapple, added to the savory chicken salad filling, put these sandwiches way above the ordinary. This recipe is a favorite of Sybil Rubel, mother of Bruce Weitz.

- 8 slices bread
Softened corn oil margarine
1 cup finely chopped cooked chicken
1/3 cup chopped macadamia nuts or pecans
1/2 cup well-drained crushed pineapple
2 tablespoons chopped green onions, optional
2 tablespoons mayonnaise
1 tablespoon lemon juice
1/8 teaspoon salt
Red leaf lettuce leaves

Spread bread with margarine. Combine remaining ingredients except lettuce. Divide chicken mixture between 4 of the bread slices and spread to edges. Top with lettuce. Close with remaining bread slices. Makes 4 sandwiches.

Nutritional analysis table for Tropical Chicken Salad Sandwiches. Includes USDA, Per sandwich, and Percentage data for calories, protein, carbohydrate, fat, sodium, cholesterol, iron, and phosphorus.

ROMAN MEATBALL SANDWICH

Hearty, spicy and wonderful, this hot meatball hero is an all-time winner from Ariene Bohay, mother of Heidi Bohay.

- 4 slices bread
4 cooked meatballs, cut in half
2/3 cup Italian-style tomato sauce OR prepared spaghetti or marinara sauce
2 slices mozzarella cheese
2 tablespoons grated Parmesan cheese

Place bread on lightly greased baking sheet. Heat meatballs and sauce together. Distribute meatballs and sauce over two of the bread slices. Top remaining bread slices with mozzarella cheese. Broil until cheese is melted, about 1 to 2 minutes. Sprinkle each with Parmesan cheese. Close sandwiches. Serve immediately. Makes 2 sandwiches.

Nutritional analysis table for Roman Meatball Sandwich. Includes USDA, Per sandwich, and Percentage data for calories, protein, carbohydrate, fat, sodium, cholesterol, iron, and phosphorus.





Southern-style cuisine puts the heart of Dixie in all

Southern hospitality and Southern cooking are justly famous. The flavor combinations that contribute to Southern cuisine take advantage of the foods that are available locally. They are a blend of influences of several cultures, French, Spanish, and American Indian. All have evolved into a superb regional fare.

You, too, can enjoy the bounty of Southern Cuisine, thanks to modern transportation systems and the well-stocked produce sections of local supermarkets. Okra, for example, is no longer a stranger to New England markets. Other specialties of Southern recipes are easily available in the frozen food sections.



Marge's Microwave Kitchen
Marge Churchill

Use your microwave to help you quickly and easily prepare some Southern favorites, and give your family a real treat. The recipes suggested will be fun for you to try, and will add new excitement to your family's mealtime.

Easy shrimp creole

1/2 cup onion, chopped
1/2 cup celery, chopped
1/2 cup green pepper, chopped
2 tablespoons oil
1 can (10 1/2 ounces) tomato soup
1 can (8 ounce) tomato soup
1/2 cup water
2 tablespoons lemon juice
2 teaspoons garlic powder
1 tablespoon parsley, chopped
1 teaspoon salt
1/2 teaspoon pepper
3 dashes hot pepper sauce
1/2 pound shrimp, cleaned and deveined

In a 2-quart serving dish, saute onion, celery and green pepper and oil on high for 3 to 7 minutes, or until soft. Stir once. Stir in the remaining ingredients except shrimp. Cover and cook on high for 6 minutes, stirring once. Stir in shrimp. Turn pink. Overcooking shrimp will make them tough. Serve over a bed of hot rice. Serves 4 people.

Southern squash casserole

1/2 cup butter
One-third cup milk
1 egg, beaten
1/2 cup herb seasoned stuffing mix
1/2 cup chopped onion
1 1/2 pounds yellow crookneck squash
1 cup Cheddar cheese, shredded
1/2 teaspoon salt
1/2 teaspoon pepper

In a 3-quart bowl, melt butter on high for 45 to 60 seconds. Stir in milk, egg, stuffing mix and onion. Blend well. Add the squash, cheese, salt and pepper. Pour into 8-9-inch round baking dish. Cook on high for 6 to 8 minutes, or until heated through. Turn dish after half of the cooking time.

TOPPING:
1/2 cup herb stuffing mix
2 tablespoons butter, melted
In a small dish, combine stuffing mix and butter. Sprinkle over casserole. Cook on high, uncovered for 3 to 5 minutes. Let stand 5 minutes before serving. Serves 4 to 6 people.

Chocolate pecan pie

2 tablespoons butter
2 ounces baking chocolate (unsweetened)
2 eggs, beaten
1 cup light corn syrup
1 cup sugar
1 teaspoon vanilla
1/2 teaspoon salt
1 cup pecans
1 pre-baked 8-inch pastry shell

In a 2-quart casserole or mixing bowl, place butter and chocolate, broken into pieces. Cook on high for 1 1/2 to 2 minutes. Stir until chocolate is melted. Add well beaten eggs, corn syrup, sugar and vanilla and salt. Stir in pecans. Cook on high for 5 minutes. Stir well. Pour into pre-baked pastry shell.

Hummingbird cake

1/2 cup finely chopped pecans
2 ripe medium-sized bananas
3 large eggs
1/2 cup vegetable oil
1 can (8 1/2 ounce) crushed pineapple in juice
1 teaspoon vanilla
1 1/2 cups sugar
2 1/2 cups flour
1/2 teaspoon salt
1 teaspoon baking powder
1 teaspoon cinnamon
1/2 cup chopped pecans

Sprinkle finely chopped pecans into lightly greased bundt pan. Set aside. Slice bananas into a small bowl. Microwave on high for 2 minutes to soften. Mash. Combine all ingredients in a large bowl, mix with a beater on medium for 2 minutes to combine. Pour into prepared bundt pan. Microwave 50% power (medium) for 9 minutes, then on high for 3 to 4 minutes. Cover and let stand for 10 minutes. Serve warm with sweetened whipped cream and banana slices, or cook and frost with Creamy Cheese Frosting.

Creamy cheese frosting

1 package (3 ounces) cream cheese
1/2 cup butter
2 teaspoons vanilla
1 tablespoon milk
2 cups powdered sugar, sifted
1/2 cup cream cheese and butter into a glass mixing bowl. Microwave on 50% (medium) for 1 to 1 1/2 minutes, or until softened. Be careful not to melt. Beat with a wooden spoon; add vanilla and milk. Mix thoroughly. Add sifted sugar and beat until smooth.

Madelyn Dore of 41 Summit St. prepares her beef roll mozzarella, a dish her sons often request. The dish is rolled jelly-roll fashion, and topped with a tasty tomato sauce.

Your Neighbor's Kitchen

Meatloaf isn't same anymore

By Adele Anole
Focus Editor

Madelyn Dore doesn't have to think long when she's asked to name her sons' favorite dinner. "Anything that comes close to pizza and hamburger," says Dore, a 41 Summit St. resident.

Her boys, Michael, 13, and Stephen, 10, particularly like her beef roll mozzarella, a recipe which combines elements of both. The hamburger dish is assembled and rolled up jelly-roll fashion, and then topped with mushrooms and a tomato sauce. The whole thing only takes about 15 minutes to prepare, and the boys often ask for it.

"It's like a glorified meatloaf except it has mozzarella cheese," she says.

Dore likes dishes she can prepare in a hurry. She's often on the go, working part time as a medical assistant for Dr. Donald Morrison and Dr. Robert C. Walden of Manchester, and full time as a

maternal cab driver. "Carrying the kids to baseball, soccer, and trombone lessons."

When it comes to dessert, her sons have another instant reply — their mother's chocolate chip cake.

She learned this one when her family lived in Rocky Hill. It's a big hit with friends and with her husband, Harold, too.

Beef roll mozzarella
1 1/2 pounds ground beef
1 teaspoon salt
1/2 teaspoon ground pepper
1 teaspoon minced onion
1 egg, lightly beaten
1/2 cup bread crumbs
1 4-ounce can mushrooms
1/4 cups shredded mozzarella
1 15-ounce can tomato sauce, with tomato bits
Combine meat, salt, pepper, onion, egg and bread crumbs in a large bowl.
Drain mushrooms; reserve liq-

uid. Add enough water to mushroom liquid to make 1/2 cup; add to meat mixture. Mix lightly, just until well combined. Press mixture into a 14-by-10-inch rectangle on a piece of waxed paper. Sprinkle surface with mozzarella, leaving a 1/2-inch border. Roll up, jelly-roll fashion, starting with one of the short sides. Place seam down in a 13-inch-by-9-inch baking dish. Spread half of the sauce over the roll. Bake in 375 oven for 45 minutes. Combine remaining sauce with reserved mushrooms, spread over roll; bake 10 minutes longer. Lift onto platter with two wide spatulas.

Mike's favorite cake
2 cups flour
1 teaspoon baking soda
1 heaping teaspoon baking powder
1/2 teaspoon salt
2 eggs
1 teaspoon vanilla
1/2 cup shortening
1 cup sugar
1 cup sour cream

FILLING:
1/2 cup sugar
1 teaspoon cinnamon
1 8-ounce package chocolate chips
Cream sugar and shortening. Add eggs and sour cream. Add rest of cake ingredients, beat. Grease a large tube pan and spoon in half the batter. Combine sugar and cinnamon for filling. Spread half this filling and a handful of chips over the batter in the pan. Use a table knife to cut through batter several times to marble. Cover with rest of batter. Top with remaining cinnamon-sugar and a handful of chips. Marble again.
Bake in 350 oven for 45 minutes. Cool about 10 minutes in the pan, then turn out onto a cake cooling rack to continue cooling.

Damage paid 47 years later

LOS ANGELES (UPI) — In 1938 Herbert Hopkins and a high school date were driving out of Griffith Park when his car hit a gate. Forty-seven years later the damage is paid for.

"No, it wasn't really a nagging guilt," Hopkins said Monday. "I was just going through some old papers out of a sea bag in the garage and I came upon these papers from the City Attorney's Office telling me they wanted payment or they were going to sue me."

"So I just sent in the money," he said. "Hope I didn't cause no trouble."

Hopkins and his girlfriend were 17 and returning from "a little moonlight romance" in his 1927 Model-T Ford near the Observatory about 9 p.m., when the park gates were closed.

Hopkins, who had kept his headlights off to avoid drawing attention, struck the gate in the dark and was confronted by a park employee a short time later at a

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Today's Special

Dying for the spinach cannelloni you had at your favorite Italian restaurant?

Maybe we can help. The Herald is now running a weekly column featuring readers' favorite restaurant dishes. To enter, simply fill out the coupon below, listing your favorite dish and the local restaurant that serves it. It may be an appetizer, main dish, vegetable, salad or dessert.

Then we'll do the rest. We'll contact the chef and ask for the recipe, which will be printed in TODAY'S SPECIAL.

Name.....
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Phone Number.....
Favorite restaurant dish.....
Served at.....

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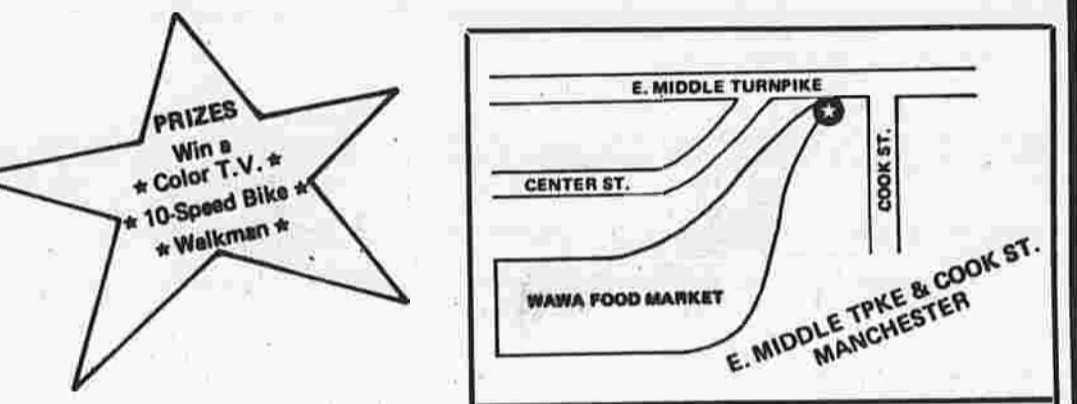
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11 SEP 11

Advice

Woman suggests using men as way to gain 'experience'

DEAR ABBY: I made a big mistake of going to bed with a man on our first date. We dated for a year and a half, but he never really respected me because I was so "easy" (his words). The fact that I had a master's degree, was attractive and made good money made no difference whatsoever - he treated me like trash.

Dear Abby
Abigail Van Buren

DEAR ABBY: Please say something to those people who make unannounced visits to see their friends. Several times a week, I change or cancel my own plans because these visits last anywhere from one to four hours.

DEAR MASTER: Using men for "fun and experience" is no more moral than men using women. The game you propose is fraught with danger. Jumping into bed for fun and experience can be hazardous

DEAR TIED: I'll print it, but I doubt if it will help you. Why? Because "these people" who visit you unannounced are welcomed with open arms while you hide your resentment.

DEAR TIED: I'll print it, but I doubt if it will help you. Why? Because "these people" who visit you unannounced are welcomed with open arms while you hide your resentment.

DEAR NO RIGHT: Wrong! There is right answer. If you "know" that your mom feels trapped and wishes Sara would go home already, encourage her to tell Sara that she appreciated her

Be prudent with sweeteners

DEAR DR. GOTT: I find I am buying more and more products containing Nutrasweet. Could you pass comment on this artificial sweetener?

Dr. Gott
Peter Gott, M.D.

DEAR READER: Your discomfort will improve with time, but it may take several more months. Unfortunately, even with modern farming methods, there is still a lot of standing in your line of work.

DEAR DR. GOTT: Six months ago I was hurt at work and suffered what the doctor calls a lower-back sprain. I still have some pain around both hips and the end of the backbone. Also, my stool is hard and I only go about every three or four days.

DEAR READER: Your discomfort will improve with time, but it may take several more months. Unfortunately, even with modern farming methods, there is still a lot of standing in your line of work.

Boiling makes yogurt curdle

DEAR POLLY: I've tried using yogurt as a substitute for sour cream in recipes like beef stroganoff, but the yogurt coagulates into little lumps. Is there any way to use yogurt to make a smooth sauce?

Pointers
Polly Fisher

DEAR POLLY: When boiling eggs, save the water. Let it cool to warm, then use it to water African violets from the bottom (in a saucer) under the plants.

DEAR JENNY: If you allow the mixture to come to a boil after the milk has been stirred in, it will curdle, leaving the tiny lumps you describe. To prevent this, simply add the yogurt at the last minute after removing the pan from the heat.

DEAR POLLY: You are picnic and camping freaks, so I always keep plastic jugs of good drinking water in my freezer. Placed in a picnic cooler, they will keep food safely fresh and, as the water thaws, provide fine, cold drinking water.

Happy Birthday With A Herald Happy Heart. Includes a birthday card with names John and Mary, and a call number 643-2711.

You've been elected the new publicity chairman?

Are you a new publicity chairman who's anxious to learn the job? "Getting Your Message Across" may be just what you need to sharpen your club's image.



A bountiful table - warm, welcoming and rich with traditional foods - reflects the joys of Rosh Hashana.



After August, winter double to a four-person quad chairlift. The old towers, in foreground, will be extended and put back into place next week.

Helicopter lifts up one of 20 towers along Stratton Mountain's North American slope in Vermont as preparations continue to convert the lift from a

About Town

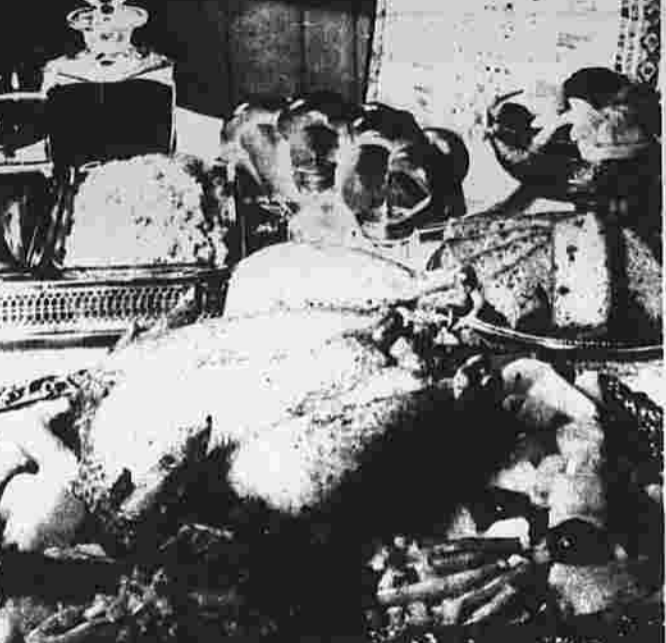
Mother-child classes set
The YWCA is registering mothers and their children for classes at its branch office, 78 N. Main St.

Workshop on gifted children set
WEST HARTFORD - The Connecticut Association for the Gifted will hold its annual membership meeting and workshop Saturday at Milard Auditorium.

Stuffed roaster
Oven-stuffer roaster (about 5 1/2 pounds)
Salt and pepper
Kasha or Taimmes stuffing

Rendered schmaltz (melted fat)
Cut fat into cubes and place in a medium-sized skillet. Fry over low heat until fat separates into clear liquid and crisp crackling pieces.

Little Caesars Pizza advertisement: Buy one pizza, get one free. 534 Middle Tpke. East at East Center Street. 646-4300.



A bountiful table - warm, welcoming and rich with traditional foods - reflects the joys of Rosh Hashana.

Rosh Hashana foods accentuate the positive

Cooking with tam (flavor) is a Jewish tradition which becomes almost a religious duty at this time of year. It's the season of Rosh Hashana, Jewish New Year, and a cause for feasting.

At sundown on Sunday, the Shofar (ram's horn) will signal the start of the Jewish calendar 5,746. Families will gather to pray, to celebrate, and to eat heartily.

Menus

Senior citizens
The following meals will be served at Mayfair Gardens and Westhill Gardens the week of Sept. 16 through 20 to Manchester residents who are 60 or older.

Meals on Wheels
The following meals are to be served to Meals on Wheels clients the week of Sept. 16 through 20.

Menus

Monday: Beef stew with a biscuit, green beans, salad, strawberry whip with cream. Tuesday: Baked chicken quarter and gravy, cranberry sauce, whipped potatoes, carrots, salad, cake.

Manchester schools
The following lunches will be served in the Manchester public schools the week of Sept. 16 through 20.

Menus

Monday: Veal Parmesan, shells and sauce, buttered peas, roll, sliced pears. Tuesday: Salisbury steak, mashed potatoes with gravy, carrots, homemade roll, cookie.

Andover Elementary
The following lunches will be served at Andover Elementary School the week of Sept. 16 through 20.

A&P Butcher Shop and Deli menu: Fresh Chicken Leg Quarters 49¢, Fresh Grade "A" Turkeys 89¢, London Broil Steaks 149¢, Boneless Sirloin Tips 169¢.

A&P Deli menu: Cooked Ham 2.59, German Bologna 1.49, Motherglove Liverwurst 2.49, American Cheese 2.39, Cole Slaw .69¢.

Red or Green Seedless Grapes 79¢, Golden Carrots 2.69¢, Green Cabbage 18¢, Russet Potatoes .69¢, Pascal Celery .49¢.

Minute Maid Orange Juice 1.09, Seneca Grape Juice 79¢, Ocean Spray Cranberry Juice 2.00, Sunsweet Prune Juice 89¢.

King Cole Vegetables 3.100, Duncan Hines Bread Mixes 1.19, A&P Swiss Style Yogurt 3 for \$1.

A&P Potato Chips 79¢, Scott Paper Towels 59¢, Eight O'Clock Coffee 1.99, Pillsbury Frosting 1.29.

Ivory Shampoo 1.69, Aqua-fresh Toothpaste 1.79, Clearasil Acne Cream 2.29, A&P Latex Gloves 59¢.

Sharp Cheddar 79¢, Wine Cheddar 79¢, Imported French Brie 2.29, Nibblers Cheese Spread 3.39.

Whole Bar-B-Que'd Chicken 1.59, Bar-B-Que'd Spare Ribs .33¢, Stuffed Cabbage .27¢.

Large vertical advertisement for Caldor Shopping Plaza, featuring various products and prices.

Wednesday TV

6:00 PM (3) (8) (22) News
(1) Wharf's Happening
(2) Hart to Hart
(3) Private Benjamin
(4) M*A*S*H
(5) Dr. Who
(6) One Day at a Time
(7) Newsweek
(8) Reporter 41
(9) MacNeil/Lehrer Newshour
(10) Tony Danza
(11) [CNN] Prog Cont'd
(12) [ESPN] Tennis Magazine
(13) [HBO] MOVIE: 'The Black Station'

Channels table listing various TV channels and their corresponding programs.

8:00 PM (3) In the Name of God...
(1) News
(2) MOVIE: 'J.O.E. and the Colonel'

7:00 PM (3) CBS News
(1) M*A*S*H
(2) ABC News (CC)
(3) 1000 Pyramid
(4) Barney Miller
(5) Wheel of Fortune
(6) MacNeil/Lehrer Newshour
(7) Family Feud
(8) Newsweek Game
(9) Topical
(10) Nightly Business Report
(11) Starkey and Hutch
(12) [CNN] Movieview
(13) [DIS] Movie: 'Shaggy Dog'

7:30 PM (3) PM Magazine
(1) Wheel of Fortune
(2) Benny Hill Show
(3) Independent News
(4) All in the Family
(5) M*A*S*H
(6) Entertainment Tonight
(7) Barney Miller
(8) Benson
(9) World of Animals
(10) [CNN] Crossfire
(11) [ESPN] Fishin' Hole
(12) [USA] Drognet

HELL TOWN
Robert Blake stars as Father 'Hardstep' Rivers, a controversial ex-convict turned priest whose tough street savvy helps him fight to improve his impoverished East Los Angeles parish. 'Hell Town' premieres WEDNESDAY, SEPTEMBER 11 on NBC.

Crossword

Crossword puzzle grid with clues for Across and Down.

CAPTAIN EASY by Crooks & Castles
JUST HOLD STILL, BOY, I'VE GOT TO GET SOME PICTURES OF YOU.

ARLO AND JANIS by Jimmy Johnson
I KNOW WHAT YOU'RE THINKING: IF I EAT THIS ICE CREAM, I'LL GET FAT AND THEN YOU WON'T LOVE ME ANY MORE.

ALLEY OOP by Dave Graff
GET THAT FOOD UP TO THE PRINCIPAL'S QUARTERS AT ONCE!

THE BORN LOSER by Art Sansom
WAS YOUR BUTTRE I REQUESTED MY STEAK RARE...

FRANK AND ERNEST by Bob Thaves
I JUST HOPE NOBODY CROSSES THE FINISH LINE.

WHITBROOK by Dick Cavalli
SOMEDAY WE MIGHT BE HOUSEHUSBANDS.

Astrograph
Your Birthday
Sept. 12, 1985
In the year ahead, there will be a beneficial wedding-out process taking place in your life.

Bridge
The case of the unbid suit
By James Jacoby
What does it mean when you bid two clubs and the opponent's opening bid is one spade?



Bountiful baskets of fall vegetables tempt cooks at the Hurst Farm on East Street in Andover.

Squash, carrots and pals need to change their image

By Nancy Pappas
Herold Reporter
For years, vegetables have been taking a bum rap. At all those childhood meals, our parents told us "Eat your vegetables, they're good for you."

Gingered cucumber salad
2 or 3 cucumbers, peeled and thinly sliced
1 teaspoon grated ginger root
1/2 teaspoon dry mustard
1/2 teaspoon dried lemon peel

Southern corn pudding
6 large ears very fresh corn
2 eggs
2 cups milk
2 teaspoons sugar

Zucchini-crust pizza
1 1/2 pounds zucchini
1 cup shredded mozzarella cheese
1 cup shredded sharp Cheddar cheese

Supermarket Shopper
Grocer sets coupon rules

By Martha Sloane
United Feature Syndicate
DEAR MARTIN: My wife and I recently went shopping at a local supermarket that advertised a "Buy One, Get One Free" sale and was also offering to double the value of manufacturers' coupons.

DEAR MIKE: The supermarket has the right to make the rules for doubling the value of coupons, but in this case you should have been able to use your coupon at the double value.

DEAR MARTIN: I am 75 years old, and I live on a limited income. I would like to compliment the supermarkets for their coupon-exchange boxes, because they really help me make the ends meet.

DEAR MARTIN: When my husband and I have the urge for pizza, we usually send out for one, but last week I decided to save my money and buy a pizza at a supermarket that was offering to double the value of coupons.

WWII drama
HOLLYWOOD (UPI) — Hal Holbrook, David McCallum and Ray Sharkey will co-star in a World War II clash and dagger drama, "O.S.S.," an NBC-TV two-hour movie and pilot project for the coming season.

Light 'n' Fluffy
Egg noodles with a new twist.
Flat Ordinary noodles. Fluffy Light 'n' Fluffy egg noodles with a new twist.

20% OFF
This coupon good for 20% off the purchase of any package of Light 'n' Fluffy egg noodles.

Mocktails

Beverage industry regroups with low- and no-buzz drinks

By Ken Franchling
United Press International

BOSTON — Shots and beers, double doses of scotch-on-the-rocks, powerful cocktails that soak up on you and beer by the pitcher are finding light company these days at bars and restaurants across America.

Concerns about drunken driving, lawsuits against bars which serve tipsy customers who get involved in accidents and the fitness craze have combined to bring a new wave of popularity to light beers, non-alcoholic beer and wine, wine coolers and an array of non-alcoholic concoctions nicknamed "mocktails."

Alcoholic beverage purchases dropped in 1984 for the fifth straight year, and per capita consumption is down by more than 11 percent over the past decade. Beverage industry statistics show drinking is dropping off at a faster pace than at any time since Prohibition began in 1920.

Market Watch, an industry publication, proclaimed: "A new social attitude toward alcohol is changing the way Americans drink." And a bottle of sparkling water could well replace the martini as a cocktail hour symbol.

"BECAUSE OF ALL the adverse publicity about drunken driving, people are watching what they are drinking, and they are definitely drinking less," said Norman Kravetz, vice president and general manager of Jason's, a restaurant and bar that has become a yuppie haven in Boston's Back Bay section.

"We have taken on the California coolers, light beer, and more wine by the glass, which is lower in alcohol content," Kravetz said. "We also make frozen and ice cream drinks that come with little or no liquor."

They include Oreo Delight, Strawberry Fields, the Drinkscicle, and Almond Joy, which Kravetz says tastes just like the candy bar. In each case, the alcohol is optional.

"They're good, but they're a little too sweet to have with a meal," said Susan Schwartz, a Jason's customer. "At night, you're more into frosty drinks."

Bartender Kevin Chase says the frosty low-alcohol drinks are most popular during happy hours, but they sell all day and all evening. "A couple of years ago, we'd see orders galore for double scotches," he said. "Now, doubles are gone. Nobody's ordering them."

Chase said the Virgin Mary, a non-alcoholic version of the Bloody Mary, has become a big seller for business lunches.

LOCON INC. of Norwood, Mass., is a beverage company specializing in low- and non-alcoholic drinks. Owners David Lowman and Paul Connors believe women, not men, hold the greatest potential for new drink products. The firm hit the market this summer with four wine coolers. The fruit juice diluted wine coolers are competing with about 50 others now in the U.S.

"Our research shows that 70 percent of the wine cooler sold in America is bought by women and that more than 20 percent of the remainder is bought with a woman in mind," Connors said. Recognizing the same trend away from heavy alcoholic content, the Texas-based T.G.I. Friday's restaurant chain offers a special non-alcoholic drink menu, including things called the "Perfect 10" and "Summer Cyclist."

Add no-buzz beer to the list of popular items, too. Breweries have added a number of non-alcoholic brands, like G. Gelleman's Kingsbury Schmidt Select, Zing and Black Label Non-Alcoholic Malt Beverage; Guinness Import Co.'s Kaliber; Binding Breweries' German Claustraler brand from Frankfurt, and Swiss imports Mousse, Wartek and Birrell Light Brew.

Mousse is credited with starting the no-buzz beer trend when it hit the shelves in 1983. It is the largest-selling non-alcoholic beer in the country.

a nearly 7 percent increase last year as compared to 1983. Today, light beer accounts for 20 percent of all beer sales."

Adela Tancayo-Sannella, chairman of the mixology department at Johnson & Wales College in Providence, R.I., is an instructor in TIPS (Training for Intervention Procedures by Servers of Alcohol) in which waitresses and bartenders are trained to spot potential problems and deal with intoxicated customers without creating a scene. She came up with recipes for frosty, alcohol-free drinks she calls mocktails, including a mock Pina Colada.

Light beer is still the fastest growing segment in the American beer industry and imported brands, such as Molson Light, are well accepted in the market as well. According to Peter Fearon, president of Marlet Importing Co., Inc., importers of Molson beer and the largest-selling non-alcoholic beer in the country.

Try these thirst-quenchers

Here are some recipes for cool and icy, no-or low-alcoholic thirst-quenchers:

Oreo Delight
1 1/2-ounces light creme de cacao (optional)
3 crushed Oreo cookies
1/2-ounce Hersey's chocolate syrup
1 large scoop French vanilla ice cream
Blend the ingredients, top off with whipped cream, a pinch of

shredded chocolate and an Oreo cookie.
(From Jason's of Boston)

Perfect Pina Colada
1/4 cup pineapple juice
1/4 cup Coco Lopez (coconut cream)
1/4 cup mashed ripe banana
Shake or whirl in blender with ice. Garnish with cherry and orange. Makes two servings.
(From Adela Tancayo-Sannella)

THE U.S. BREWERS Association shows shipments of domestic nonalcoholic beer grew 34 percent from 1980 to 1984, rising from 259,358 barrels to 464,022. In 1984, that amounted to three-tenths of one percent of the domestic beer market.

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OPINION

Town must resume housing inspections
... editorial, page 6

FOCUS

Vitamin mega doses can spell big trouble
... page 11

CONNECTICUT

GOP to let public decide on session
... page 7

WEATHER

Clear, cold tonight; sunny, cool Friday
... page 2

Manchester Herald

Manchester, Conn. — A City of Village Charm

Thursday, Sept. 12, 1985 — Single copy: 25¢

Gerber opts out of I-park building site

By John F. Kirsh
Herald Reporter

Gerber Scientific Products Inc. of South Windsor has withdrawn an offer to build a plant at the town's Union Pond Industrial Park because the site is not big enough to meet its needs, a company official said today.

In a letter to the Planning Department dated Friday, Gerber said it was withdrawing two offers it made to buy 10 acres bordering Union Pond on which to build a manufacturing plant. The letter was read to the Economic Development Commission at its meeting this morning.

"We felt the amount of acreage was inadequate for our purposes," Stanley Leven, Gerber's senior vice president and general counsel, said today. The company would consider buying a larger parcel if the town offers it, he said, but did not indicate how large would be adequate.

"Show me the right piece of property and I'll tell you," he said. Planning Director Mark Pellegrini said the company indicated the 30-acre site might be suitable and they are looking into alternatives.

Gerber has an option to buy 50 acres in South Windsor on Sullivan Avenue. Leven said. Manchester officials are aware of this and are still trying to reach an agreement with Gerber to build in town.

"We are still working with them to find a larger piece of land for them," Town Manager Robert B. Weiss told the EDC. He said other

companies in the area were interested in developing the land if Gerber does not make a new offer.

"We would consider anything," Leven said. "The town has been very helpful and cooperative."

Gerber offered in June to buy the 10 acres for \$250,000 if the town agreed to build the necessary road, water and sewer lines, or \$150,000 if the improvements were not made.

An advisory committee set up by the EDC to review four offers by the town received to develop 16 acres at the park recommended in a July report that the town sell the 10-acre parcel to Gerber. The committee did, however, say that it wanted time to review the town's options for that property.

The town had originally planned to develop the 16 acres as a small industrial park, but after receiving interest from private developers, decided to scrap those plans and open the door to private development proposals.

Besides Gerber, Vaughn Building Co. of Providence, R.I., Cany Construction Co. of Manchester, and a partnership made up of the Konever Development Co. of West Hartford, John Barnini and Robert Weinberg, both of Manchester, made bids to develop part or all of the land.

The EDC advised the town to sell 6.5 acres to Vaughn in August. The directors agreed with the EDC's recommendations and the documents are presently being prepared for the sale.

The Rhode Island company plans to build an office building at the site.

Bolton firehouse has PBC go-ahead

By Kevin Flood
Herald Reporter

BOLTON — The Public Building Commission voted Wednesday night to let the Windham Sand and Stone Co. of Williamstown build the town's new firehouse.

The company's base bid of \$441,728 was the lowest of the eight submitted for the project. The next lowest bid, submitted by the firm Jims Construction Co., was about \$46,000 more than Windham's.

In addition to choosing Windham's base bid, the PBC approved several "alternates," or modifications in the basic design of the firehouse. All eight of the companies competing for the project had also bid on the modifications. The ones the PBC chose were the addition of a generator, a flap door and floor hardener. A fourth modification was the choice of a flat ceiling instead of a more expensive curved one.

PBC member Philip Pineo estimated that the inclusion of the modifications would mean Windham's bill for the project will come to about \$670,817.

The PBC bid list actually awarded the firehouse contract, the Board of Selectmen must approve the PBC's choice. Project architect Albin Wiedie said construction could begin almost immediately if the selectmen approved the choice at their next meeting Tuesday evening. "I'm hoping we can get started within the next couple of weeks," he said.

The PBC did much of their deliberating Wednesday evening in the parking lot outside the Community Hall, since town office workers had already gone home for the day and no board members had a key to get inside.

Wednesday's meeting was an emergency session, called after not enough PBC members attended a regularly scheduled meeting Monday to form a quorum. The two members who

attended the Monday meeting said the special meeting was necessary because the firehouse bids, which had been officially opened earlier in the day Monday, would expire in 30 days.

There was little debate Wednesday over which company should be awarded the firehouse work. There was some disagreement, however, over whether the town should include floor hardener in the firehouse. The floor hardener, a powder that is laid on floors just before final finishing, would add \$1,556 to the cost of the firehouse.

Wiedie said the floor hardener would help protect the firehouse floor from heavy equipment. But PBC member Ronald A. Heins said he had never heard of the substance before and felt that the quality of the floor would depend more on craftsmanship than anything else. The board, however, went along with the additional expense.

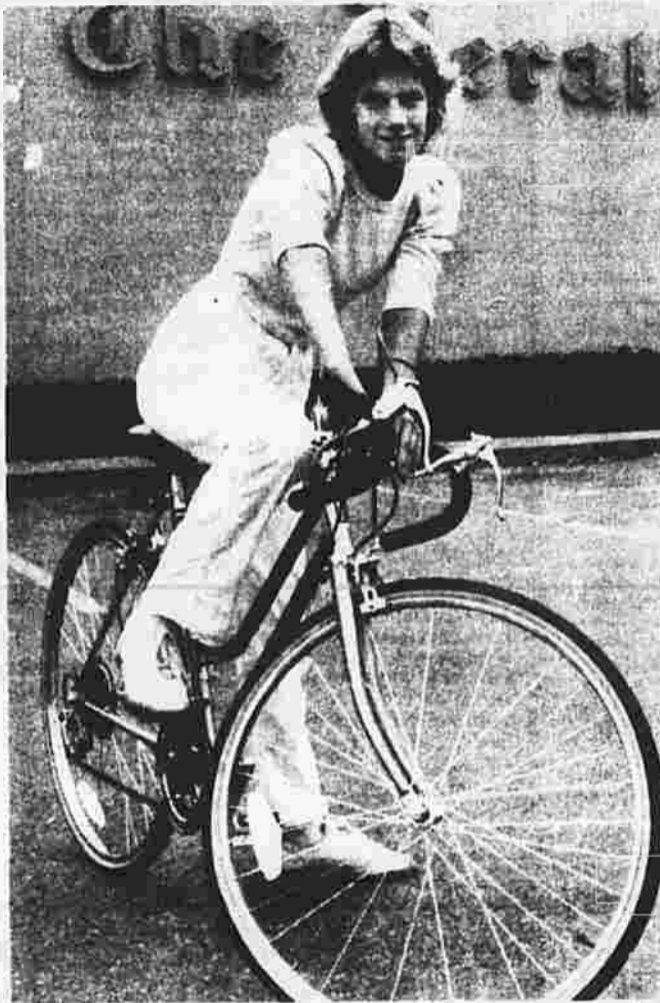
The town has so far budgeted a total of \$900,000 for the firehouse. Pineo estimated that after land costs, architectural fees and other items, the cost of letting Windham do the work would still leave the town with a contingency fund of about \$32,000.

That would also allow the fire department to buy the \$20,000 worth of equipment it had originally budgeted for the project. Town firefighters and the PBC had discussed doing without the new equipment last month, when they learned that the cost of developing the firehouse land would increase as much as expected.

Inside Today

20 pages, 2 sections

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Contest winner

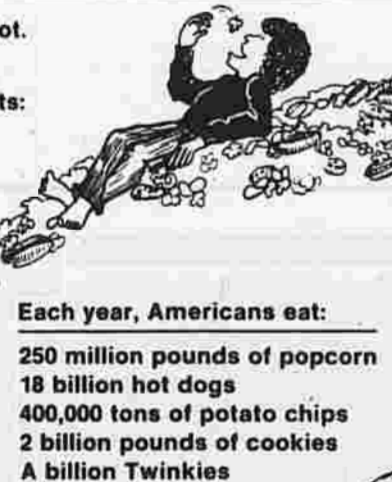
Manchester Herald carrier Jennifer Lovett of Manchester tries out the new bicycle she won recently following a summer-long contest. Lovett's name was drawn from among a number of Herald carriers who had their names put into a drawing each time they got a new subscriber. Lovett, who lives on Wedgewood Drive, has been delivering papers for the Herald since January.

BIG APPETITES

Americans eat a lot.

How much?

Here are some facts:



Each year, Americans eat:
250 million pounds of popcorn
18 billion hot dogs
400,000 tons of potato chips
2 billion pounds of cookies
A billion Twinkies

Source: "The Big Book of Kids' Lists" by Sandra Choron (1985, World Almanac Publications), NEA-GRA-PWC

You've been elected the new publicity chairman?

Are you a new publicity chairman who's anxious to learn the job?

"Getting Your Message Across" may be just what you need to sharpen your club's image. Writing press releases and suggesting feature stories will be part of the agenda. So will planning effective club pictures and promotions. The seminar will be led by Adele Angel, Focus editor of the Manchester Herald, on Tuesday, Sept. 17, from 9:30 to 11 a.m. at the YWCA, 78 N. Main St.

Richard W. Cosgrove, the Herald's new publisher, will also be at the seminar, as will Douglas A. Bevin, managing editor. The seminar is free for YWCA members and \$1 for non-members. Call the YWCA at 647-1437 to register.

National SALE DAYS

For a limited time, get big savings on these Quality-Built General Electric appliances!

<p>Refrigerator Model TBX188G WAS \$648 NOW \$598 SAVE \$50</p> <p>ENERGY SAVER REFRIGERATOR IS ALSO A FOOD SAVER. 17.7 cu. ft. 5.01 cu. ft. freezer. Helps keep food fresh up to 15 days with sealed high humidity pan. Sealed snack drawer. Energy Saver Switch. Equipped for optional icemaker.</p>	<p>Microwave Oven Model JET214 WAS \$399 NOW \$349 SAVE \$50</p> <p>AUTO ROAST AND COOK CODE™ CONTROLS ADD VERSATILITY TO MICROWAVING. Word Prompting Display provides programmed instructions. Up to 12-Hour Delay Start. Temp. control maintains temperature until CLEAR/OFF is touched.</p>	<p>Microwave Oven Model JET235 WAS \$498 NOW \$448 SAVE \$50</p> <p>MICROWAVE OVEN WITH SOPHISTICATED SENSOR. Sophisticated sensor makes microwave cooking easy and adds flexibility to Auto Cook function. Electronic touch controls. Dual Wave™ microwave cooking designed for good, even cooking results.</p>	<p>Range Model JBS00GH WAS \$748 NOW \$648 SAVE \$100</p> <p>P-7™ SELF-CLEANING OVEN RANGE WITH DIGITAL CLOCK. 700 watt power saver Control™ unit lets you select heat pattern to fit the shelves in 1983. It is the largest-selling non-alcoholic beer in the country.</p>	<p>Microwave Cooking Center Model JHP80GH WAS \$1495 NOW \$1295 SAVE \$200</p> <p>MICROWAVE COOKING. AUTOMATIC COOKING CONTROL. 1.4 cu. ft. microwave upper oven with Dual Wave™ microwave system and sophisticated sensor. Porcelain enamel finish drip pans. Black glass doors, 2-level venting.</p>
<p>Dishwasher Model GSD600D WAS \$398 NOW \$368 SAVE \$30</p> <p>7-CYCLE POTSCRUBBER™ DISHWASHER. Temperature Sensor System. 10-year full warranty on Permanent tub and door liner (ask for details). 2-level wash action. Energy saver drying option.</p>	<p>Automatic Washer Model WWA8354V WAS \$499 NOW \$449 SAVE \$50</p> <p>HEAVY-DUTY EXTRA-LARGE CAPACITY 3-IN-1 WASHER. 3 cycles including automatic permanent press and knits. 4 dry-on white operation. Spots/scrubber for small loads of tough stains and Mini-Wash tub for delicates. 4-cycle selections. Variable water levels.</p>	<p>Automatic Dryer Model DDE7109V WAS \$379 NOW \$329 SAVE \$50</p> <p>HEAVY-DUTY AUTOMATIC DRYER. 3 cycles including automatic permanent press and knits. 4 dry-on white operation. Air-fluff. Smooth porcelain enamel drum.</p>	<p>MORE THAN A PRODUCT Written Warranty Protection Prompt, Reliable Service The GE Answer Card service Convenient Credit Do-It-Yourself Help</p> <p>We bring good things to life.</p>	

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Feast feet

Two workmen have to start from the bottom as they erect striped tents at the Greater Manchester Chamber of Commerce's Feast '85. Some 13 local eating establishments are taking part in the two-day event.

which is Friday and Saturday from 11 a.m. to 8 p.m. at the corner of Forest and Main streets. For the curious, the feet belong to Jeff Maxwell, left, and Al Delmonte, who work for Action Tent Rentals of East Hartford.

London expels six diplomats

KGB official defects to West

By Joseph Gambardello
United Press International

LONDON — The head of the KGB's London operation has defected, exposing an espionage network, and Britain moved swiftly to expel 25 Soviets, including six diplomats, for spying, the government announced today.

The expulsion is the biggest by Britain since 1971, when 105 Soviets were told to leave for espionage.

The Foreign Office said six of the Soviets to be expelled are diplomats attached to the Soviet Embassy, including three first secretaries.

The other 19 included translators, journalists and non-diplomatic employees of the Soviet Embassy and the Soviet Trade Mission, a Foreign Office spokesman said.

The 25 Soviets, including five

journalists and seven trade representatives, have been given three weeks to leave the country.

The Foreign Office said the major development in the growing East-West spy war came with the defection of Oleg Gordievski, who had been a counsellor at the Soviet Embassy since June 1982. The Foreign Office would not say when he defected.

Gordievski "recently became head of the KGB residency in London," the Foreign Office said. London said it hoped the action would not adversely affect relations with the Kremlin.

"There was no immediate reaction from Moscow. In the past, the expulsion of Soviet diplomats usually has meant a retaliatory expulsion of envoys, journalists or businessmen based in Moscow."

The Soviet chargé d'affaires, Lev Parchine, was called to the

confidence between East and West.

"It was accordingly made clear that although our action was necessary in the interests of national security, it remained our policy to work for an improvement in bilateral relations with the Soviet Union," the Foreign Office said.

In April, Britain expelled two diplomats for spying and Moscow retained with the expulsion of three Britons. London in turn kicked out three more Soviets.

Ray Cline, former CIA deputy director for intelligence and former head of the State Department's Bureau of Intelligence, said the defection "is a great break" for the West at a critical time in understanding Moscow's intentions before the forthcoming summit meeting.

S. African panel backs concession

By Brendan Boyle
United Press International

JOHANNESBURG, South Africa — A parliamentary commission today recommended the white-minority government scrap one of apartheid's cornerstones, the controversial "pass laws" designed to keep blacks from migrating to cities.

The recommendation came one day after President Pieter Botha announced plans to grant South African citizenship to blacks in four tribal homelands — a move one white opposition leader said signaled "the end of the apartheid dream."

Botha rejected a demand by President Reagan — contained in a letter delivered by U.S. Ambassador Herman Nickel — for a statement of intent to abolish apartheid, the white-minority government's policy of racial discrimination and segregation.

The multi-party committee on urbanization strategy today presented a 427-page report to the President's Council, which advises Botha, saying it had agreed "that influx control measures as applied at present are discriminatory and are in conflict with basic human rights."

The panel said it was "particularly concerned about the human



PIETER BOTHA — feeling the heat

suffering and the severe damage to relations between the population groups, particularly those of blacks with whites, caused by influx control."

The influx controls, called "pass laws" because they force every black adult to carry an identity document, were designed by the architects of apartheid to prevent

mass migration of blacks from rural areas to the cities. Since their introduction in 1945, the laws have caused massive suffering among families in which men were granted work in cities but their family was not.

The committee found that the "degrading of human dignity inherent in the implementation of influx control could not be justified."

The committee recommended the government abolish influx control and that "uniform identity documents be issued to all citizens of South Africa."

The recommendation came amid escalating domestic and international pressure on the government to implement reforms in apartheid in South Africa, where a year-long wave of violence has killed some 700 people.

Police killed two blacks and arrested 25 in violence that erupted in 11 black townships during the night, a police spokesman said. Authorities said gasoline bombs also were thrown into a home and at a milk delivery depot in a white suburb of Uitenhage.

A black man was fatally shot as a crowd stormed the home of a policeman in Langa and a black woman was shot to death in a black suburb 60 miles west of Durban when police opened fire on a

Democrats try again on tougher sanctions

— see page 4

The violence erupted hours after Bishop Desmond Tutu, a Nobel Peace Prize winner, said he was tired of police killing blacks as though they were "swatting flies" and threatened to call a national strike if the state of emergency is not ended.

Mourners at a funeral in Cape Town for a man shot by police attacked and killed a mixed-race detective. Police said 62 blacks and mixed-race people were arrested in sporadic rioting in four towns Wednesday.

The PBC did much of their deliberating Wednesday evening in the parking lot outside the Community Hall, since town office workers had already gone home for the day and no board members had a key to get inside.

The PBC did much of their deliberating Wednesday evening in the parking lot outside the Community Hall, since town office workers had already gone home for the day and no board members had a key to get inside.

In Pietermaritzburg, Tutu led delegates to an ecumenical meeting he would call for a five-day national strike if the state of emergency is not lifted.